



# REGISTRATION & RELEASE

## **Core Skills Camp**

**At Gloucester Catholic H.S.**

**June 25-29, 9 a.m. - 2 p.m.**

This camp is for girls ages 7-14. Core skills camp focuses on basketball's fundamental skills. All aspects of the game will be taught including passing, shooting, rebounding, offensive moves, defense, layups, ball handling, and conditioning. Each camper will play 2 games a day, and will participate in various competitions, including 3 on 3, 1 on 1, and foul shooting. We include a lot of fun into each day.

## **Offensive Skills Camp**

**At Riverwinds Community**

**Center in West Deptford**

**July 9-11, 9 a.m. - 12 noon**

This camp is for girls ages 7-14. This is a unique opportunity to learn about aggressive offensive skills. Focus will be on shooting, passing, ball handling, movement without the ball, offensive moves and one-on-one moves. Full court drills will be taught, including layups, rebound outlet, 3 on 2, and 2 on 1. Special focus on mental toughness and aggressiveness.

Registrations are accepted on a first-come, first served basis, and must include a \$30 non-refundable deposit AND a signed release. Select which camp(s) you want to attend by checking the appropriate box. (ex: \$160 - \$30 deposit = balance of \$130)

**Core Skills Camp (June 25-29) \$160**

**Offensive Skills Camp (July 9-11) \$90**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Age: \_\_\_\_\_ Phone: \_\_\_\_\_ Position: \_\_\_\_\_

E-Mail: \_\_\_\_\_

In case of emergency, contact: \_\_\_\_\_

Emergency phone number: \_\_\_\_\_

## RELEASE

As a parent or guardian of this registered camper, I hereby give my approval to her participation in the 4M's Basketball Camps. I assume all risks and accept responsibility for any damages or losses as a result of injury, permanent disability, death or loss of property. I release, waive, discharge, indemnify, hold harmless and covenant not to sue 4M Basketball Camps, its members, directors, coaches, staff, Gloucester Catholic H.S. and Riverwinds Community Center. I/We have read the above waivers and releases and understand that I/we have given up substantial rights of the minor participant by signing it, and I sign it voluntarily.

Parent or Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

*You will receive a confirmation letter by e-mail prior to the first day of camp.*